

# ProgressNotes

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## Medical Executive Committee Approvals

Items approved at the last Medical Executive Committee meeting can be viewed by using this website link and selecting the particular month: <https://www.torrancememorial.org/for-providers/medical-executive-committee/>

If you have any questions, please contact the Medical Staff Services Department at (310) 517-4616.



# Happy Doctors Day



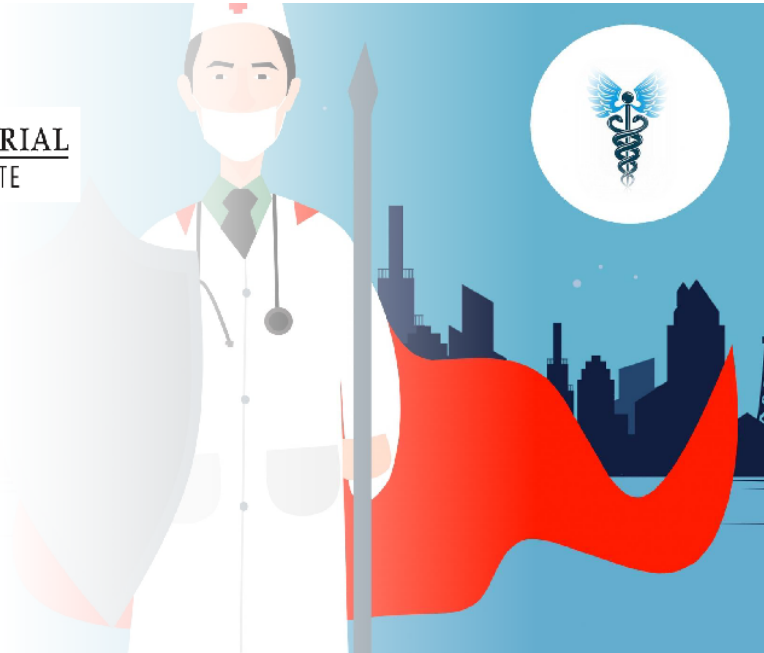
SPECIAL THANKS TO THE MEDICAL STAFF ON THIS DOCTOR'S DAY.

WE HONOR YOU THIS DAY AND EVERYDAY FOR YOUR EFFORTS AND DEDICATION TO OUR PATIENTS AND COMMUNITY.

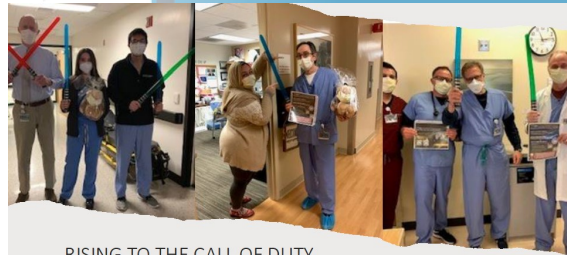
YOU CONTINUE TO EVOLVE WITH EACH BATTLE YOU FACE AS A TEAM AND INDIVIDUALS.

IT IS WITH MUCH ESTEEM AND ADMIRATION THAT WE CELEBRATE YOU THIS DAY.

PLEASE STOP BY THE MEDICAL STAFF OFFICE TO PICK UP YOUR RAFFLE TICKET.



DELIVERING CARE WITH A SMILE



RIISING TO THE CALL OF DUTY

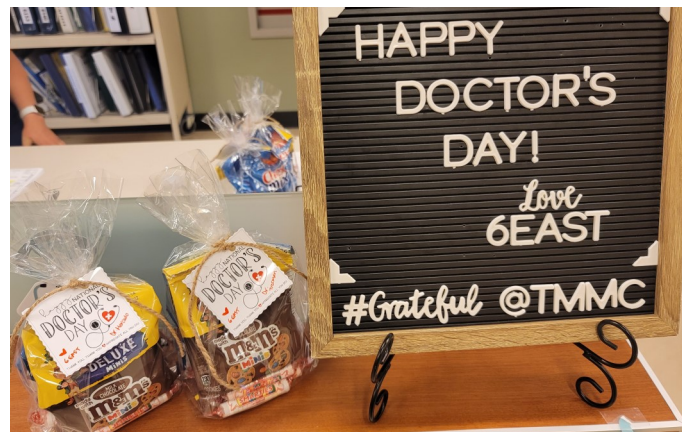
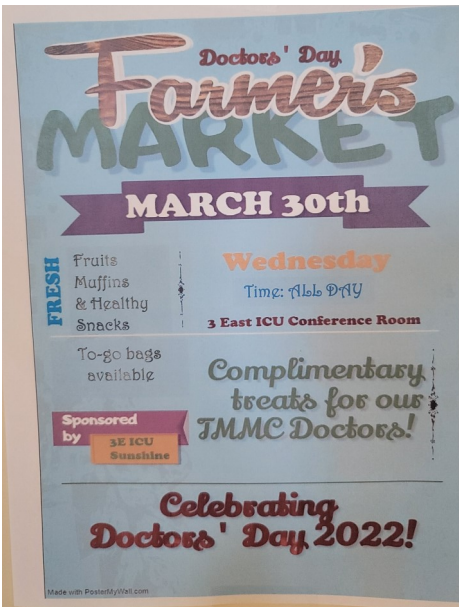
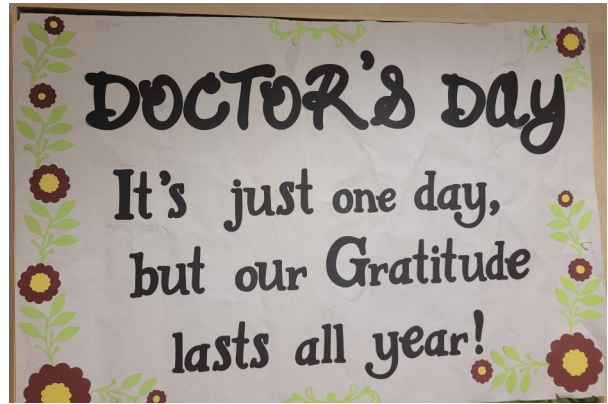
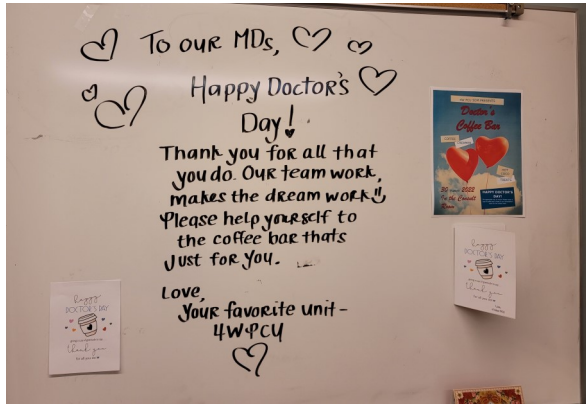


CELEBRATING OUR MEDICAL STAFF PAST AND PRESENT

# Happy Doctors Day



# Happy Doctors Day



## DEA Warning: Scammers Impersonating DEA Agents

### DEA Warning: Scammers Impersonating DEA Agents Victims losing money, personal identifiable information

**WASHINGTON** – The Drug Enforcement Administration is warning the public of a widespread fraud scheme in which telephone scammers impersonate DEA agents in an attempt to extort money or steal personal identifiable information. A new [public service announcement](#) aims to raise awareness that DEA will never phone demanding money or asking for personal information.

There are variations in the false narrative, among them, that the target's name was used to rent a vehicle which was stopped at the border and contained a large quantity of drugs. The caller then has the target verify their social security number or tells the target their bank account has been compromised. In some cases, the caller threatens the target with arrest for the fictional drug seizure and instructs the person, over the phone, to send money via gift card or wire transfer to pay a "fine" or to assist with the investigation or with resetting the bank account. A portion of an actual scam call was captured by DEA [and can be heard here](#).

Employing more sophisticated tactics, Schemers have spoofed legitimate DEA phone numbers to convince their target that the call is legitimate, or texted photos of what appears to be a legitimate law enforcement credential with a photo. The reported scam tactics continually change but often share many of the same characteristics. Callers use fake names and badge numbers as well as names of well-known DEA officials or police officers in local departments. Additionally, they may:

- use an urgent and aggressive tone, refusing to speak to or leave a message with anyone other than their targeted victim;
- threaten arrest, prosecution, imprisonment, and, in the case of medical practitioners and pharmacists, revocation of their DEA registration;
- demand thousands of dollars via wire transfer or in the form of untraceable gift card numbers the victim is told to provide over the phone;
- ask for personal information, such as social security number or date of birth;
- reference National Provider Identifier numbers and/or state license numbers when calling a medical practitioner. They also may claim that patients are making accusations against that practitioner.

DEA personnel will never contact members of the public or medical practitioners by telephone to demand money or any other form of payment, will never request personal or sensitive information over the phone, and will only notify people of a legitimate investigation or legal action in person or by official letter. In fact, no legitimate federal law enforcement officer will demand cash or gift cards from a member of the public. You should only give money, gift cards, personally identifiable information, including bank account information, to someone you know.

The best deterrence against these bad actors is awareness and caution. Anyone receiving a call from a person claiming to be with DEA should report the incident to the FBI at [www.ic3.gov](http://www.ic3.gov). The Federal Trade Commission provides recovery steps, shares information with more than 3,000 law enforcement agencies and takes reports at [reportfraud.ftc.gov](http://reportfraud.ftc.gov). For any victims who have given personally identifiable information like a social security number to the caller, can learn how to protect against identity theft at [www.identitytheft.gov](http://www.identitytheft.gov).

Reporting these scam calls will help federal authorities find, arrest, and stop the criminals engaged in this fraud. Impersonating a federal agent is a violation of federal law, punishable by up to three years in prison; aggravated identity theft carries a mandatory minimum sentence of two years in prison plus fines and restitution.



03/24/22

# FYI

## CO<sub>2</sub> DETECTOR

**Situation/Background:** Our normal stock of CO<sub>2</sub> detectors are back-ordered. Substitute CO<sub>2</sub> detectors were purchased.

**Assessment:** The substitute CO<sub>2</sub> detectors are a different color and require a tab to be removed before use.

**Recommendations:** Substitute CO<sub>2</sub> detectors

- Require the removal of the **RED PULL TAB** before use
- Change from **BLUE** to **YELLOW** instead of the original purple to yellow

**ADULT VERSION:**



**NEONATAL VERSION:**



**Who:** All Staff and Physicians involved in intubations or artificial airway placement

**What:** CO<sub>2</sub> Detectors

**Why:** To ensure proper use for confirmation of artificial airways

**FOR QUESTIONS CONTACT:**

**Respiratory Lead  
x76718**

# Comprehensive Patient Blood Management Program

- **LESS is more for transfusions** - The best evidence indicates a more restrictive approach (Hgb trigger <7 g/dl and prophylactic PLT threshold <10K) not only saves blood but also saves lives.
- **Why give Two when One will do!** – In the absence of acute hemorrhage, RBC transfusions should be ordered as single units followed by a clinical reassessment prior to any additional transfusions.

**1 NOT 2**

Transfuse the minimal amount of RBC units followed by a clinical assessment for the need of additional transfusions



**7 NOT 9**

Transfuse RBC at Hgb less than 7.0 g/dl in stable patients



Every **ONE** matters

Transfuse **One Unit**



Re-assess the patient



**Don't increase the RISKS**  
if  
**NO BENEFIT**



# CORE4 Weight Management Program



**TORRANCE MEMORIAL**  
A CEDARS-SINAI AFFILIATE

Food and  
Nutrition Services

## Adult Weight Management

Want to manage your weight and improve your lifestyle? Join Torrance Memorial Medical Center for the CORE4™ 12-week program. Based on evidence and guidelines from the Academy of Nutrition and Dietetics, you can learn about topics such as nutrition, physical activity, behavior modification and more.

### This program includes:

1. An individual appointment with a dietitian nutritionist
2. 11 one-hour weekly virtual group sessions
3. Two program workbooks
4. Monthly support group sessions following completion of the program



**Core4**  
Eating | Exercise | Education | Energy  
by **sodexo**



### Session dates

**Session 1:** Tuesdays,  
April 12 – June 21, 5 – 6 pm

**Session 2:** Wednesdays,  
June 22 – August 31, 5 – 6 pm

**Session 3:** Tuesdays,  
September 6 – November 15, 5 – 6 pm

**Support group:** Second Wednesday of  
each month, 4 – 5 pm



### Register

Please register  
at [TorranceMemorial.org/Core4](https://TorranceMemorial.org/Core4).



### Cost

\$200 per participant

For more information and to schedule a one-on-one appointment with a registered dietitian, please call 310-891-6707.

## Health & Wellness Lecture

# HEALTH & WELLNESS LECTURE SERIES

*For All Health  
System Staff*



Dr. Luskin founded and currently serves as Director of the Stanford University Forgiveness Projects. He is also the Department Chair in Clinical Psychology at Sofia University. At Stanford Dr. Luskin teaches classes on Positive Psychology, The Art and Science of Meditation, Forgiveness, Wellness, Flourishing and The Psychology of Storytelling to undergraduate and graduate students. He co founded the Life Works and Wellness Education programs at Stanford Medicine Health and Human Performance. He is also an instructor for the Stanford School of Business Executive Education programs.

**Positive Psychology:  
The Power of Gratitude,  
Compassion and  
Forgiveness**

**Speaker:** Dr. Fred Luskin

**Date:** April 13

**Time:** 12:00 to 1:00 pm

**Zoom Presentation Details:**

**[Click Here To Register](#)**

[Meeting Registration - Zoom](#)

### Lecture Details

The burgeoning field of positive psychology has shown the power of strength and virtue based coping. Positive psychology uses research to show how happiness broadly defined and components such as compassion, gratitude and forgiveness are essential to human flourishing. Research will be discussed but primarily this talk is to offer tools to enhance coping and create a happier life. This will be both lecture and time for guided practice.



# National Diabetes Awareness Day

## Diabetes Awareness Day March 22<sup>nd</sup>

Outpatient  
Diabetes Education  
310 - 891-6707



**MOVE YOUR WAY.** Adults need a mix of physical activity to stay healthy.

**Moderate-intensity aerobic activity\***  
Anything that gets your heart beating faster counts.

at least **150** minutes a week

**AND**

**Muscle-strengthening activity**  
Do activities that make your muscles work harder than usual.

at least **2** days a week

This Photo by Unknown Author is licensed under [CC BY](#).

If you prefer vigorous-intensity aerobic activity (like running), aim for at least 75 minutes a week. If that's more than you can do right now, do what you can. Even 5 minutes of physical activity has real health benefits.

Walk. Run. Dance. Play. **What's your move?**

# DIVERSITY CONVERSATIONS

**EVERY 2ND TUESDAY  
OF THE MONTH  
12:30 PM to 1:30 PM**

**ALL STAFF WELCOME**

**[CLICK HERE TO  
REGISTER](#)**



## **Methodology**

Zoom meeting with expert panel to answer our questions.

Please send questions ahead of time, if you have any.

We will have a discussion about Unconscious Bias.



[Meeting Registration - Zoom](#)

## Medical Staff Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1 7:00a Thoracic Tumor Board 7:00a Surgery Department 7:30a IRB Committee
4 12:30p Cardiology	5 12:30p Infection P&T	6 7:00a CV Conference	7 7:00a Breast Tumor Board 7:45a Gen Tumor Board 12:30p MSPI Committee	8 7:00a Thoracic Tumor Board 12:00p Neurovascular Case Conf 12:30p Critical Care
11 12:30p Credentials	12 8:00a TCU Committee 6:00p Medical Executive Committee	13 7:00a Anesthesia PI 7:00a CV Conference	14 7:00a Breast Tumor Board 7:00a Cardiac PI 7:45a CNS Tumor Board 12:30p Stroke Committee	15 7:00a Thoracic Tumor Board
18 12:00p Burn & Wound Surgery	19 12:30p EDIE Pt Care Committee	20 7:00a CV Conference	21 7:00a Breast Tumor Board 7:30a Family Practice Department 7:45a GI Tumor Board 9:00a Emergency Department 12:30p Pediatric Department 1:00p C-Section Committee	22 7:00a Robotic Surgery 7:00a Thoracic Tumor Board 12:00p Neurovascular Case Conf
25	26 7:00a Breast Program Subcommittee 12:30p OB/GYN Department	27 7:00a CV Conference	28 7:00a Breast Tumor Board 7:45a GI Tumor Board 12:30p Credentials 5:00p Bariatric Surgery Committee	29 7:00a Thoracic Tumor Board 12:30p Medicine PI



## CME CONFERENCES

**Wednesdays, 12:30 p.m.**  
**Hoffman Health Conference Center**

Torrance Memorial Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Torrance Memorial Medical Center designates this live activity for a maximum of 1 *AMA PRA Category I Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For up-to-the-minute conference information call (310) 784-8776 or visit: [http://www.torrancememorial.org/For\\_Physicians/Wednesday\\_CME\\_Conferences.aspx](http://www.torrancememorial.org/For_Physicians/Wednesday_CME_Conferences.aspx)

### April 6, 2022

*Rheumatoid Arthritis*  
 Asena Bahce-Altuntas, M.D.  
 Jacobi Medical Center/North Center  
 Bronx Hospital  
 Commercial Support: None

### April 13, 2022

NO CONFERENCE

**April 20, 2022**  
*Dementia*  
 Thomas Caprio, MD  
 University of Rochester Medical Center  
 Commercial Support: None

### April 27, 2022

NO CONFERENCE

### May 4, 2022

*Fatty Liver*  
 Walid Ayoub, MD  
 Cedars-Sinai Medical Center  
 Commercial Support: None

### May 11, 2022

NO CONFERENCE

**May 18, 2022**  
*Urinary Incontinence*  
 Ekene Enemchukwu, M.D., MPH  
 Stanford University School of Medicine  
 Commercial Support: None

### May 25, 2022

NO CONFERENCE

# Welcome New Practitioners



Cherie S. Blair, M.D.  
Medicine  
UCLA Infectious Diseases  
200 Medical Plaza Suite 365-C  
Los Angeles, CA 90095  
Phone: (310) 206-7663  
Fax: (310) 206-1609

## Physician/AHP Roster Updates

### Address Change

Ripu D. Arora, M.D.  
23150 Crenshaw Blvd, Ste 100  
Torrance, CA 90505

Reza Askari, M.D.  
Providence Medical Institute  
Torrance OB/GYN  
20911 Earl St. Suite 440  
Torrance, CA 90503-4355  
Phone: (310) 419-8585  
Fax: (310) 419-8583

Harold Kaplan, M.D.  
Celibre Medical Corporation  
23211 Hawthorne Blvd. Ste 200  
Torrance, CA 90505  
Phone: (310) 373-5000  
Fax: (310) 373-5012

Daniel Krivoy, M.D.  
Angeles Eye Institute  
19000 Hawthorne Blvd, Ste 100  
Torrance, CA 90503

### Group Name Change

Kambiz Dardashti, M.D.  
Genesis Healthcare Partners

Lawrence M. Flechner, M.D.  
Genesis Healthcare Partners

Alec S. Koo, M.D.  
Genesis Healthcare Partners

Royal S. Park, M.D.  
Genesis Healthcare Partners

### Phone/Fax Change

Alfred C. Marrone, M.D.  
Phone: (310) 373-6708  
Fax: (310) 961-2032

The Medical Staff Newsletter **ProgressNotes** is published monthly for the Medical Staff of Torrance Memorial Medical Center.

**Vinh Cam, M.D.**  
*Chief of Staff*  
**Robin S. Camrin, CPMSM, CPCS**  
*Vice President, Medical Staff Services & Performance Improvement*

**Medical Staff Services**

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MONTHLY  
MEDICAL  
STAFF  
NEWSLETTER

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